

Arabian Horse **HORSE ADVENTURE** Workshop

Enjoying an amazing experience with horses

with the Horse Adventure

Arabian Horse HORSE ADVENTURE Workshop provides people with the opportunity to feel the exhilaration of communicating with live horses, beings of power, beauty elegance and natural intuition in a safe and secure setting ... a "gentle adventure." By learning crucial communication skills walking beside a horse will feel more like dancing with the horse.

This one-day or 1/2 day workshop focuses on communication style and provides real time input from a partner that always provides honest, immediate feedback - a horse. In this hands-on program that safely partners with horses, workshop sessions are complemented by a series of simple ground tasks that involve working with a horse. The program supports those looking to better understand the practical application of communication and emotional intelligence (EQ) concepts. The sessions take place at an indoor equine facility east of Edmonton. You will gain insight about your communication style, how your intent matches your impact. You will learn to see yourself and others from a different perspective. This workshop involves direct interaction with a horse. There is no riding involved. Participation is voluntary. All attendees will be asked to sign a release waiver.

Objectives

- Discover effective communication capabilities, focusing equally on communication and EQ
- Gain insight to your natural communication tendencies
- Identify your comfort level in dealing with powerful followers
- Experience emotional self management in dealing with issues and challenges
- Learn how guiding with empathy earns respect and authority
- Increased self awareness
- Recognize the importance of listening

Course details

Learn communication skills natural to the horse (body language and textured sounds), participants will feel a sense of exhilaration, surge of self confidence and self awareness. The horse provide a mirror for the participants , giving non-judgmental and instant feedback as to how effective they are communicating.

Who should attend?

- Any person who desires to learn more about horses and discover the joy and exhilaration of working naturally with these amazing animals
- Work place / project teams / leaders / staff retreats
- People with horse experience who desire to learn more about effectively communicating with their own horse
- People who desire to receive an innovative and exhilarating soft adventure

Notes

- Full day programs - 5 hours (flexible) Lunch included
- Half day programs (2 1/2 hours)
- Group size limited to 9 participants (spectators are welcome)
- Facilitator - Gary Millar



Devoted to teaching advanced human development skills through working with horses!



An Equine Assisted
Learning Program

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A Project developed by
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