



Horse Feeding, Maintenance and Activity

- A horse “**poops**” 5 to 12 times a day.
- Horses need to **eat grass or hay**. An average sized horse will eat approximately 20 pounds (approximately 10 kg) of hay per day.
- A horse in a field or in the wild will **graze** as much as 15 to 18 hours a day.
- A horse **drinks** at least 25 litres (5.5 gallons) of water per day – about 13 times as much as an adult human.
- Horses in training or who work every day are **fed oats as well**. Oats give the horse energy to do their work.
- It is normal to hear **gurgling sounds** coming from a horse’s stomach.
- Horses enjoy a **routine**. They need to be fed every day at the same times. They need to be let out of their stall into their turnout pens and put back into their stall at the same time each day.
- A horse needs to have its **feet** trimmed every six weeks. Horses in the wild wear their feet down naturally.
- Some horses wear **shoes** to protect their feet. They need to have their shoes removed, their hooves trimmed and the shoes put back on every four to six weeks.